

WATER FITNESS

MONDAY

8:00 AM
9:00 AM
10:00 AM

TUESDAY

9:00 AM
10:00 AM

WEDNESDAY

8:00 AM
9:00 AM
10:00 AM

THURSDAY

9:00 AM
10:00 AM

FRIDAY

10:00 AM

Monthly Fees:

One Day a Week: \$20

*Two Days a Week: \$35**

*Three Days a Week: \$50**

**\$5 discount for annual members*

There is no lap swimming or bubbles in the therapy pool during these times.

For more information, contact Kathy Ball at h2okb@fidmail.com or at 573-364-8534